

## HEALING HEARTS PUPPY TRAINING SCHEDULE

**BIRTH TO 3 WEEKS** - Bio Sensor program = exposure to small amounts of controlled stress

- tactile stimulation
- head up position
- head down position
- on the back position
- thermal stimulation

**3 - 4 WEEKS** - Introduction to low level light and noise exposure (classical music, tv at low volume)

- Once puppies' activity level increases, exposure to novelty sights and sounds, gradually increasing volume and startling stimuli - also exposure to normal busy household noise and activity
- Start with food games once pups are eating some solid food, making a positive association with people around the food bowl
- Start drive development - introduce pups to rag on string with quick jerking movements, helping to build confidence
- Socialization to other animals, including cats, other dogs, chickens, horses, etc.
- Once pups are walking up on their legs well, beginning teaching the recall
- Outside yard exposure - beginning housetraining

**5 - 7 WEEKS** - begin basic obedience training, agility, tracking, and retrieving

- People socialization (strangers) and different social settings - this will continue until pups go home and should continue throughout their lives
- Grooming work - bathing, handling of feet, trimming nails and hair, blow dryer,